



‘DARE TO TAKE CHARGE’

JUDGE GLENDA HATCHETT CHALLENGES READERS TO LIVE LIFE ON PURPOSE

Judge Glenda Hatchett has seen more worst-case scenarios than the average person. As she metes out judgment from the bench of her televised courtroom, she witnesses tales of unimaginable heartbreak and strife. But this experience, coupled with her years as Chief Presiding Judge of the Fulton County Juvenile Court and Delta Air Lines litigator have also taught her that it’s possible for people to inject possibility into painful situations. Hatchett uses this powerful, inspiring phenomenon as the basis for her newest book, *Dare to Take Charge*.

In *Dare to Take Charge*, Hatchett presents cases of real people who were ensnared in seemingly impossible situations and yet learned to take charge and create fulfilling, positive lives. Much more than just a collection of inspirational stories, however, *Dare to Take Charge* is also a commonsense guide for readers looking to carve out their own paths toward their dreams. With practical exercises, writing prompts, tips and daily strategies, *Dare to Take Charge* shows readers how to work toward their ultimate objectives, through life lessons that include:

- What it means to be daring and intentional when seeking your ultimate objectives
- How to bridge the dream gap and more closely align your daily activities with your goals
- Why pursuing hope is a powerful choice—and how to do it
- The dangers of a rigid life plan, and how to recalculate objectives when necessary
- The importance of guilt and the surprising way you can use it to your advantage
- How to intentionally incorporate your passion into your actions and decision-making
- Why the past is no prison and how to claim healing so you can overcome it
- How to stop destructive patterns and make short-term sacrifices to meet long-term goals
- How to transform the opportunity of every day into the opportunity of a lifetime

Packed with powerfully uplifting stories—and a few heartbreaking instances of lives gone awry—told in Hatchett’s refreshingly frank, no-nonsense style, *Dare to Take Charge* is a dare to readers everywhere to live their lives on purpose. Even in the midst of personal setbacks like layoffs, emergencies, divorces, insufficient income and family crises, readers will find that Hatchett’s practical strategies, tools and principles offer an inspiring and interactive way to redefine their life goals and find the path toward true fulfillment.

About the Author:

Glenda Hatchett presides over the Emmy-nominated syndicated show *Judge Hatchett*. A graduate of Emory University School of Law, Hatchett has also served as Chief Presiding Judge of the Fulton County, Georgia, Juvenile Court as well as senior attorney for Delta Air Lines. A passionate advocate for parents, children and families, Judge Hatchett also operates parentpowernow.com, a global social networking site for parents and influencers of children, and glendahatchett.com.

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Dare to Take Charge

Glenda Hatchett

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[NAME]
TITLE
MEDIA ORGANIZATION
ADDRESS
CITY, STATE, ZIP



Dear [NAME],

You might think that an accomplished litigator and star of a two-time Emmy-nominated television program would know nothing of personal strife and hardship. But for Glenda Hatchett, former juvenile court judge and current presiding judge on the televised *JUDGE HATCHETT* show, strife and hardship are not just a part of the cases that come before her—they have been a part of her own life as well. These personal struggles and the true stories of those whose heartbreaking circumstances brought them to Judge Hatchett's courtroom are at the heart of Hatchett's new book, *Dare to Take Charge* (Center Street, September 20 2010, ISBN: 9781599953304, \$23.99).

While the cases Hatchett presents are riveting stories of real people overcoming terrible circumstances—a fifteen-year-old prostitute, an NFL superstar, an abused and abandoned teenager, a drug addict, a young man who became a drug dealer and pimp by age sixteen—Hatchett offers them in the context of a practical, commonsense and uplifting guide for readers who want to stop making excuses and take control of their own lives. Along with these cases and Hatchett's own personal stories, *Dare to Take Charge* also offers powerful life lessons, practical exercises, writing prompts and daily strategies to help readers carve out their own paths to true happiness.

A former Fulton County judge and senior attorney for Delta Air Lines—where she also handled international media relations—Judge Hatchett is no stranger to the public forum. With a charismatic and outspoken demeanor cultivated on *JUDGE HATCHETT*, she is excited to share with your audience the life lessons she's learned and witnessed from years on the bench, including:

- What it means to be daring and intentional when seeking your ultimate objectives
- How to bridge the dream gap and more closely align your daily activities with your goals
- Why pursuing hope is a powerful choice—and how to do it
- The dangers of a rigid life plan, and how to recalculate objectives when necessary
- The importance of guilt and the surprising way you can use it to your advantage
- How to intentionally incorporate your passion into your actions and decision-making
- Why the past is no prison and how to claim healing so you can overcome it
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- How to transform the opportunity of every day into the opportunity of a lifetime

If you would like to have Judge Glenda Hatchett appear on your program to discuss '**Dare to Take Charge**,' please contact [redacted].

SIGNATURE BLOCK

‘Dare to Take Charge’

How to Live Your Life on Purpose

by Judge Glenda Hatchett

INTERVIEW QUESTIONS

General

1. WHAT IS THE PREMISE OF ‘*DARE TO TAKE CHARGE*’?
2. WHAT COMPELLED YOU TO WRITE IT?
3. HOW SHOULD THE BOOK BE USED AS READERS NAVIGATE A PATH TO A MORE FULFILLING LIFE?

Chapter One

“Bridging the Dream Gap”

1. WHY SHOULD WE STRIVE TO BE BOLD AND INTENTIONAL WHEN WRITING DOWN OUR DREAMS?
2. WHY WAS IT IMPORTANT TO INCLUDE A SIGNATURE LINE IN THE DREAMS EXERCISE IN CHAPTER ONE?
3. YOU WRITE, “DREAMS ARE REALITIES EVERY DAY.” WHAT DO YOU MEAN BY THIS?
4. WHAT STEPS CAN WE TAKE DAILY TO ALIGN OUR ACTIONS MORE CLOSELY WITH OUR DREAMS?

Chapter Two

“How Dare You Not?”

1. THE PERSONAL STORY YOU SHARED IN CHAPTER TWO, ABOUT YOUR OWN DISILLUSIONMENT WITH LAW SCHOOL AND THE ADVICE THAT YOUR AUNT FRANCES GAVE YOU, WAS POWERFUL. WHY DO YOU THINK THE ADVICE AFFECTED YOUR LIFE SO PROFOUNDLY?
2. YOU SAY THAT “DARING IS THE SECRET”. PLEASE EXPLAIN.
3. YOU ALSO USE “DARE” IN ANOTHER CONTEXT, LIKENING IT TO A SPIRIT OF QUESTIONING, I.E. “HOW DARE YOU?” WHY?
4. WHAT DO YOU MEAN BY “THE GRACE OF FULFILLMENT?”

Chapter Three

“Hope and Joy”

1. YOU WRITE IN CHAPTER THREE THAT “GOALS ARE, BY DEFINITION, CONCEIVED IN JOY.” HOW SO?
2. WHAT IS THE SIGNIFICANCE OF THE BIBLE VERSE 1 JAMES 2?
3. WHAT ARE SOME OF THE WAYS THAT READERS CAN “PURSUE JOY” IN THEIR DAY-TO-DAY LIVES?
4. HOW DO HOPE AND JOY RELATE TO TAKING CHARGE OF OUR LIVES AND FINDING OUR TRUE PATHS?
5. WHAT DO YOU MEAN BY “TRAIN YOUR AIM”? HOW CAN WE DO THIS?
6. WHAT IS A “DEMAND-DRIVEN” LIFE? HOW CAN KEEPING A JOY JOURNAL HELP US TRANSITION FROM IT TO ONE THAT’S GUIDED BY A GREATER SELF-DETERMINATION?
7. YOU WRITE THAT A JOY LIST CAN “CLARIFY WHAT YOU SHOULD BE DOING MORE OF.” HOW SO?

Chapter Four

“Victim or Victorious?”

1. YOU WRITE IN CHAPTER FOUR THAT “MORE OFTEN THAN NOT, WE ARE IN A PLACE BECAUSE WE CHOOSE TO BE THERE.” THIS IS A POWERFUL CONCEPT, ESPECIALLY TO THOSE WHO MIGHT FIND THEMSELVES IN LESS-THAN-IDEAL SITUATIONS. CAN YOU TALK MORE ABOUT THE CONSEQUENCES OF OUR CHOICES?
2. THE STORY OF JAMIE IN CHAPTER FOUR WAS INSPIRING. WHY WAS IT IMPORTANT TO INCLUDE HER STORY?
3. IN WHAT WAYS CAN READERS FIND THE STRENGTH TO TAKE CHARGE OF THEIR LIVES, EVEN IN DIRE CIRCUMSTANCES LIKE JAMIE’S?
4. WHAT DO YOU MEAN BY THE PHRASE, “ALL VICTORY IS SELF-DEFINED”?
5. WHAT ARE SOME WAYS THAT READERS CAN CHANGE THEIR SELF-TALK TO CHANGE THEIR LIVES?
6. WHY IS IT HELPFUL TO “STOP AND ANTICIPATE THE JOY YOU WILL FEEL WHEN YOU ARE VICTORIOUS”?

Chapter Five

“Find Purpose and Passion in All That You Do”

1. YOU WRITE IN CHAPTER FIVE THAT GETTING IN TOUCH WITH OUR PASSIONS WILL SHIFT “OUR DEGREE OF ATTACHMENT TO OUR LIVES.” PLEASE EXPLAIN.
2. WHY WAS IT IMPORTANT TO YOU TO HIGHLIGHT THE DIFFERENCE BETWEEN PASSION AND SKILL? DO YOU FIND THAT MANY PEOPLE THINK IT’S DIFFICULT TO DO SO?
3. THOUGH YOUR PLAN WAS TO SPEND YOUR CAREER IN THE LEGAL DEPARTMENT OF DELTA AIR LINES, YOU WRITE THAT YOU FOUND YOUR PASSION IN YOUR JUDGESHIP IN FULTON COUNTY. WHAT WAS IT ABOUT BEING A JUDGE OVER A JUVENILE COURT THAT IGNITED THAT PASSION?
4. WHAT WAS THE SPECIFIC CASE YOU HANDLED IN THE FIRST WEEK OF YOUR POSITION AS JUVENILE COURT JUDGE THAT MADE YOU UNDERSTAND THAT YOU’D BEEN CALLED AWAY FROM YOUR PAST JOB AT DELTA AIR LINES FOR A REASON?
5. HOW CAN READERS BETTER MANIFEST THEIR PASSIONS IN THEIR LIFE? HOW CAN THESE PASSIONS GIVE THEIR LIVES PURPOSE?

Chapter Six

“Do the Best You Can with What You’ve Got”

1. YOU WRITE THAT “DOING THE BEST WITH WHAT WE HAVE” IS A MANTRA TO WHICH WE’VE BECOME IMMUNE. WHY DO YOU THINK THIS IS THE CASE? HOW CAN WE REDEFINE “DOING OUR BEST” SO THAT IT TAKES ON TRUE MEANING?
2. WHAT IS THE CRITICAL FIRST STEP WE MUST TAKE BEFORE TACKLING A TASK THAT REQUIRES OUR BEST?
3. WHAT IS THE SNOWBALL EFFECT?
4. WHY WAS WARRICK DUNN’S STORY IMPORTANT TO YOU TO INCLUDE IN THE BOOK? WHAT MADE HIS STORY STAND OUT TO YOU?
5. WHAT IS “DEFICIT THINKING” AND HOW CAN WE OVERCOME IT? WHY IS THIS CONCEPT SO CRITICAL WHEN IT COMES TO OUR CHILDREN?
6. WHAT DO YOU MEAN BY THE PHRASE, “WHAT WE THINK ABOUT EXPANDS”?

Chapter Seven

“Recalculating Is Part of the Process”

1. YOU BELIEVE THAT DEFINING OUR PURPOSE IS CRITICAL TO GOOD PLANNING. WHAT ARE SOME PRACTICAL WAYS THAT READERS CAN BEGIN TO DEFINE THEIR PURPOSE FOR THEIR LIVES?
2. WHAT HAPPENS WHEN THE PLAN WE’VE ALWAYS RELIED UPON NO LONGER APPLIES? HOW CAN WE LEARN TO ASSESS OUR PLANS AND THEN RECALCULATE OUR DIRECTION WHEN NECESSARY?
3. YOU WRITE THAT “OPPORTUNITY DEMANDS FLEXIBILITY.” PLEASE EXPLAIN.

4. WHEN YOU WERE HIRED ON AS AN ATTORNEY FOR DELTA AIR LINES, YOU MADE A PLAN TO STAY WITH DELTA OVER YOUR CAREER. WHAT MADE YOU LEAVE AND HOW DID YOU COME TO THE DECISION TO CHANGE YOUR PLAN SO DRASTICALLY?
5. YOU SAY THAT ADHERING RIGIDLY TO A PLAN MAY NOT BE IN OUR BEST INTERESTS—AND YET SAY THAT CREATING A BLUEPRINT FOR OUR LIVES IS A NECESSITY. PLEASE EXPLAIN.

Chapter Eight “Get Real About Reality”

1. WHY DOES IGNORING THE TRUTH TEND TO CREATE HARD TIMES?
2. HOW DO THE TWO TRUE STORIES OF REBECCA AND MICHELLE REFLECT THE DANGERS OF NOT LIVING IN REALITY?
3. WHY DO YOU THINK WE CONTINUE TO IGNORE REALITY EVEN WHEN FRIENDS TRY TO HELP US RECALIBRATE OUR THINKING AND FACE FACTS?
4. YOU WRITE THAT “OUR CHILDREN CAN LEAD US INTO SELF-DECEPTION.” WHAT DO YOU MEAN, AND HOW CAN PARENTS BE MORE VIGILANT?
5. WHAT ARE SOME PRACTICAL STRATEGIES WE CAN EMPLOY TO STOP NEGATIVE PATTERNS?

Chapter Nine “Be True to Yourself”

1. WHY DOES IGNORING THE TRUTH TEND TO CREATE HARD TIMES?
2. YOU CONSIDER TRUTH-TELLING TO BE THE MOST IMPORTANT LIFE PHILOSOPHY. PLEASE EXPLAIN.
3. WHY IS IT NECESSARY FOR US TO TAKE A HARD LOOK AT OUR INNER SECRETS?
4. HOW IS DECEIVING OURSELVES LIKE HAVING A CLOSET FULL OF CLOTHES THAT DON’T FIT?
5. ONCE WE’VE FACED OUR INNER TRUTHS, HOW CAN WE “DO SOMETHING ABOUT THE DISCONNECT”?

Chapter Ten “Guilt Can Paralyze You”

1. YOU WRITE THAT GUILT ARISES FROM A LACK OF FOLLOW-THROUGH, AND THAT ONCE WE FEEL GUILTY, WE’RE EVEN LIKELIER TO AVOID TAKING ACTION—WHICH BRINGS ON MORE GUILT. HOW CAN WE FREE OURSELVES FROM THIS CYCLE?
2. WHAT ARE THE TWO CURES FOR GUILT?
3. YOU WRITE THAT GUILT SIGNALS IMPORTANCE. HOW SO?
4. IN CHAPTER TEN, YOU SAY THAT WE HAVE TO PRACTICE BEING FORGIVING OF OURSELVES. HOW CAN WE DO THIS?
5. WHAT DOES IT MEAN TO “REMEMBER THE LESSON”?

Chapter Eleven “Your Past Does Not Define Your Future”

1. YOU WRITE THAT “IF YOU HAVE NEW THOUGHTS, IF YOU MAKE NEW CHOICES, YOU CAN CHANGE YOUR LIFE.” HOW SO?
2. HOW HAVE THE INTENSE INTERVENTIONS THAT YOU HAVE STAGED ON *JUDGE HATCHETT* HELPED TO ILLUSTRATE THAT THE PAST IS NOT A PRISON AND THAT WE CAN OVERCOME IT?
3. WHAT ARE WE NURTURING WHEN WE DON’T LIVE UP TO OUR OWN POSSIBILITIES AND POTENTIAL?
4. WHAT ARE SOME OF THE WAYS WE CAN BEGIN TO MOVE BEYOND A DESTRUCTIVE PAST?

5. WHY IS IT IMPORTANT TO BEGIN LARGE-SCALE FUTURE CHANGE WITH ONE SMALL STEP TODAY?

Chapter Twelve

“Opportunity Knocks. Will You Answer?”

1. YOU WRITE IN CHAPTER TWELVE THAT “WHEN WE STOP INVESTING IN OUR OWN SUCCESS, WE LET OUR COMMUNITIES DOWN.” HOW SO?
2. WHAT DID YOU MEAN BY “REINVENTION IS THE NAME OF THE LIFE IMPROVEMENT GAME”? WHAT ARE SOME WAYS WE CAN BEGIN TO DO THIS TO IMPROVE OUR LIVES?
3. WHY DO YOU THINK WE TEND TO FOCUS ON SHORT-TERM RELIEF INSTEAD OF LONG-TERM GAIN? HOW CAN WE BEGIN TO REVERSE THIS TREND?
4. THE STORY OF NIGEL IN CHAPTER TWELVE WAS A POWERFUL CAUTIONARY TALE. WHY WAS IT IMPORTANT TO YOU TO INCLUDE IT HERE?
5. WHY DO YOU THINK WE SHY AWAY FROM OPPORTUNITY OR FAIL TO RECOGNIZE IT WHEN IT KNOCKS? HOW CAN WE PREPARE TO MEET OPPORTUNITY WHEN IT COMES?

Chapter Thirteen

“New Hope Road”

1. WHAT IS “NEW HOPE ROAD” AND WHAT DOES IT MEAN TO YOU?
2. WHY DID YOU CHOOSE TO INCLUDE PAMELA’S STORY IN CHAPTER THIRTEEN? WHAT WAS IT ABOUT HER STORY THAT COMPELLED YOU TO INTERVENE IN THE WAY THAT YOU DID?
3. WHAT WAS THE INCREDIBLE OUTCOME OF PAMELA’S STORY?
4. HOW CAN WE LEARN TO TAKE THE LEAPS OF FAITH THAT WILL LAND US ON OUR OWN “NEW HOPE ROAD”?

Chapter Fourteen

“Claim Your Healing”

1. WHAT MIRACLE OF HEALING DID YOU WITNESS DURING YOUR MOTHER’S FRIGHTENING HEALTH CRISIS? WHY WAS IT IMPORTANT TO YOU TO INCLUDE THIS STORY?
2. YOU WRITE THAT “BEING OPTIMISTIC MAKES POSITIVE STRATEGIES MORE CLEAR.” HOW SO?
3. HOW CAN WE TRAIN OURSELVES TO BE MORE OPTIMISTIC?
4. WHAT DOES IT MEAN TO CLAIM YOUR HEALING?

Chapter Fifteen

“You Define You”

1. HOW DO OUR ACTIONS DEFINE US?
2. THE STORY OF VIVIAN MALONE WAS POWERFUL. HOW IS HER STORY RELEVANT TO DEFINING OURSELVES? WHAT THREE IMPORTANT LESSONS DID HER STORY TEACH YOU?
3. YOU WRITE THAT “THE STRATEGY OF REJECTING WHAT PEOPLE CALL YOU” IS AN ACTIVE STRATEGY. WHAT DO YOU MEAN?

Chapter Sixteen

“Lifting As We Climb”

1. WHAT DOES LEARNING TO SHARE OUR BLESSINGS HAVE TO DO WITH MEETING OUR LIFE’S GOALS?

2. WHAT DO YOU MEAN BY “BLESSINGS ARE NOT OURS TO KEEP”?
3. HOW CAN WE LEARN TO BE CREATIVE IN SHARING BLESSINGS WITH OTHERS?
4. YOU WRITE THAT “DARING TO BE WHO WE ARE CHANGES LIVES.” HOW SO?
5. WHAT ARE SOME WAYS WE CAN BEGIN TO REACH OUT AND HELP OTHERS TODAY?

Chapter Seventeen

“Write Your Own Story”

1. WHAT WAS THE FIRST EXAMPLE OF INJUSTICE YOU FACED WHEN YOU WERE SIX YEARS OLD? WHAT ADVICE DID YOUR FATHER GIVE YOU?
2. HOW CAN WE BEGIN TO “WRITE OUR OWN STORY” AND FIND TRUE FULFILLMENT?
3. YOU WRITE THAT “NO MATTER WHAT HAPPENS, YOU’RE IN CHARGE.” THAT’S A POWERFUL STATEMENT. HOW CAN WE LEARN TO TAKE CHARGE EVEN WHEN FACED WITH TERRIBLE OBSTACLES?
4. WHAT DOES IT MEAN TO LIVE LIFE “ON PURPOSE”?